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October 9, 2023



# News You Can Use

## ISSUE HIGHLIGHTS

- [Replay — Session 3 of the Women in GI Webinar Series](#)
- [Now Available — Mandarin Probiotics and Prebiotics WGO Global Guidelines](#)
- [Top News — Can CBT help treat IBS?](#)
- [Events Calendar](#)

## WGO NEWS

**Women in GI Webinar Series**  
September Webinar Recording  
NOW AVAILABLE

Featuring Women in Leadership & Guest Ally

Anita Afzali, Moderator USA	Nancy Fanous Egypt	Reena Sidhu UK	Claudia Defilippi Chile	Salma Barakat Sudan	Mohammed El-Kassas Egypt

# NOW AVAILABLE IN MANDARIN: PROBIOTICS AND PREBIOTICS WGO GLOBAL GUIDELINES

世界胃肠病学组织全球指南

益生菌和益生元

2023年2月



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## TOP NEWS

### Digesting the impact of diet on irritable bowel syndrome

Cureus

Irritable bowel syndrome (IBS) plagues nearly a fifth of the general population. It is a chronic illness that can significantly lower quality of life (QoL) and work productivity. The relationship between diet and the functional gastrointestinal (GI) symptoms present in IBS is gaining more and more attention. [Read More](#)

### Human gut-derived multi-strain probiotics found to be effective in alleviating IBS symptoms and improving quality of life — study

NutraIngredients

Multi-strain probiotics obtained from the human gut have shown promising effects in reducing irritable bowel syndrome (IBS) disease severity, and should be further studied as a potential treatment for the condition, say Korean researchers. [Read More](#)

Advertisement



### Can CBT help treat IBS?

Healthline

Researchers have identified a link between the digestive system and the brain, so cognitive behavioral therapy (CBT) may be a helpful option for treating the symptoms of irritable bowel syndrome (IBS). [Read More](#)

## **Passive monitoring device detects Crohn's activity**

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Gastroenterology & Endoscopy News

A monitoring device passively and accurately detects flares of Crohn's disease before clinical signs appear, according to a study of more than 100 individuals monitored for up to a year. [Read More](#)

## **High triglyceride levels exacerbate severity, complications of acute pancreatitis in NAFLD**

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Healio

Elevated serum triglyceride levels were associated with severity of acute pancreatitis and risk for related complications, including organ failure, among patients with nonalcoholic fatty liver disease, according to data. [Read More](#)

## **Real-world data confirm efficacy of Dupilumab in severe EOE**

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Medscape

Dupilumab provides histologic, endoscopic, and symptomatic improvement in patients with severe, treatment-refractory, fibrostenotic eosinophilic esophagitis (EoE), new research shows. [Read More](#)

## **6 years of rising costs: How ASCs, HOPDs compare for colonoscopy**

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Becker's GI & Endoscopy

The average colonoscopy screening costs \$925 at an ASC versus \$1,224 in a hospital outpatient setting, up from \$859 and \$1,045 in 2017, according to Blue Cross Blue Shield affiliate Blue Health Intelligence's "Rising Prices for Hospital Outpatient Care" brief, published in September. [Read More](#)

## **Should pre-op chemoradiation be added to chemotherapy in resectable gastric cancer?**

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Gastroenterology & Endoscopy News

Debate continues about the role of preoperative chemoradiation added to chemotherapy in neoadjuvant treatment strategies for resectable gastric adenocarcinoma. At the Society of Surgical Oncology's 2023 International Conference on Surgical Cancer Care, two surgical oncologists presented the relative merits of adding and not adding preoperative chemotherapy to the treatment regimen in this setting. [Read More](#)

## **EVENTS CALENDAR**

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## UEG Week 2023

**When:** October 14, 2023

**Location:** Copenhagen, Denmark

**Organizer(s):** United European Gastroenterology

[Learn More](#)

## ACG 2023 Annual Scientific Meeting & Postgraduate Course

**When:** October 20-25, 2023

**Location:** Vancouver, BC, Canada

**Organizer(s):** American College of Gastroenterology

[Learn More](#)

## International Conference: Gastroenterology Yesterday, Today and Tomorrow

**When:** October 27, 2023

**Location:** Vilnius, Lithuania

[Learn More](#)

## CONGRESO ACADI

**When:** November 2-4, 2023

**Location:** Medellin, Colombia

**Organizer(s):** Asociación Colombiana de Gastroenterología

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