



## UEG & You – Digestive Health Month 2021

With World Digestive Health Day on May 29, we encourage you to join us in celebrating **Digestive Health Month** throughout the entirety of May! We've now launched a public awareness campaign focused on the prevalence and impact of digestive health conditions.

This year's theme for **World Digestive Health Day** is, "**Obesity: An Ongoing Pandemic**". To mark this momentous occasion and to increase the impact of the 2021 Digestive Health Month campaign, **UEG has launched a virtual exhibition** where you can find a wealth of information, statistics and resources.

To our virtual exhibition

## Your month-long engagement!

We ask you to participate in the **Digestive Health Month** campaign by both utilising and sharing the available information!

Our month-long campaign will touch upon the theme of obesity from four different angles:

1. Uniting the continent: Obesity and chronic digestive diseases across Europe
2. Protecting our future: Obesity and paediatric digestive diseases
3. Taking action now: Diet and chronic digestive diseases
4. Reversing the trend: Obesity and digestive cancers

Keep up with related content and discussions by [following us on social media](#).  
(While you're there, make sure to look for [#DigestiveHealthMonth!](#))

Follow the discussion



## Do something great for your gut: Yoga & Cooking with UEG

Start your [#DigestiveHealthMonth](#) right with a UEG yoga or cooking video.

Learn how to make a quick and easy chickpea avocado salad, touch your toes and strike a pose with an intermediate yoga lesson, and more!

We've created several [high quality cooking and yoga videos](#) for the benefit of our community. Access them any time via our [YouTube Channel](#).

**Coming soon:**

**ueg**quality of care

Webinar

**Chronic mesenteric ischaemia  
From guidelines to clinical practice**

May 20, 2021, 18:30 – 19:30 CEST

[ueg.eu/education](https://ueg.eu/education)

Follow us on



**United European Gastroenterology**

Wickenburggasse 1, A-1080 Vienna, Austria

E: [office@ueg.eu](mailto:office@ueg.eu), T: +43 1997 1639

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